

Clarksville Rotary Annual Metric (CRAM) Ride

Join us for the Clarksville Rotary Annual Metric (CRAM) ride on May 28, 2011. With distances of 100, 62, 35 and 20 miles to choose from through some of the flattest country around. This ride promises to be fast and fun! The CRAM is sponsored by the Clarksville Rotary Club.

The CRAM begins and ends at Rossview High School at 1237 Rossview Road. The course travels over the rural roads of Todd and Logan Counties offering little traffic to contend with and even the chance to see some of the area's Mennonites in their horse-drawn carriages. All routes pass local favorite, Beachaven Winery, which has scheduled a "Jazz on the Lawn" for Saturday night after the ride. Be sure to make plans to stay for this incredible event.

So come out and enjoy one of the best supported and flattest rides in the South! Don't miss the spaghetti dinner (with iced tea, bread and Dairy Queen ice cream) following the ride and included with your registration.

Registration Information

Registration fee is \$30.00 for entry forms postmarked by May 16, 2010, \$40.00 thereafter including the day of the ride. The Registration fee includes a T-shirt, spaghetti dinner after the ride, sag service, plenty of rest stops, maps, cue sheets, bathroom facilities, and the services of emergency medical personnel if necessary. Showers available.

Ride 20 miles for \$20!

T-shirts are available on the day of the ride to pre-registrants only. Registrants after the cut-off date as well as registrants on the day of the ride will have their T-shirts mailed to them within 4-6 weeks after the ride.

For more information, visit our website at www.bikethecram.com or call Stan Montee at (267) 249-9133.

Starting in 2006, we moved to a new location!

Rossview High School

1237 Rossview Road; Clarksville, TN 37043

Directions

Taking I-24 West, Clarksville is approximately 45 miles from Nashville. Taking I-24 East, Clarksville is just across the KY/TN state line. So how do you get there? It's simple! Take exit 8 off of I-24. If you are coming from Nashville, turn left (if from KY, turn right) onto Rossview Road, and you will take your first right to pull into Rossview High School.

Ride schedule - May 28, 2011

6:30am Registration and packet pick-up.
7:30am Century start, others to follow shortly thereafter
11:00am to ? Spaghetti dinner will be served at the school afterwards
6:00pm Jazz on the Lawn - For info, visit www.beachavenwinery.com

FYI: The Clarksville Rotary Club raises funds throughout the year for various community projects. We thought you might enjoy knowing how the proceeds from this event will be used.

This year we will be helping to fund renovations at Rotary Park and Visitation Hospital in Haiti.

Thanks for making that possible!



CLARKSVILLE ROTARY CLUB

Helmets are mandatory!

PLEASE READ THE FOLLOWING INFORMATION CAREFULLY AND FILL OUT THE ENTRY FORM ON THE REVERSE SIDE.

LEAGUE OF AMERICAN WHEELMEN D/B/A LEAGUE OF AMERICAN BICYCLISTS ("LAB") RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AND PARENTAL CONSENT AGREEMENT ("AGREEMENT")

In consideration of being permitted to participate in any way in Rotary Club ("CLUB") sponsored Bicycling Activities (Clarksville Rotary Annual Metric) I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of travelling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.
3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Club, the LAB, and their respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" HEREIN) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE WAIVER OF LIABILITY, ASSUMPTION OF RISK,

AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEE'S FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

See the box on the other side of this page to sign your acceptance of this waiver.

Entry Form - Register on-line at www.bikethecram.com

Wristband #: _____

Please print or type. One person to a form. **Form may be duplicated, but be certain to copy the release information on the reverse side as well.**

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

Age _____ Sex _____

Emergency Contact Name _____ Emergency Phone _____

Check distance you plan to ride: 100 miles 62 miles 35 miles 20 miles

Check T-shirt size: Small Medium Large XL XXL (+\$2.50)

Note: T-shirts will be available on the day of the ride to pre-registered participants only (postmarked by May 16, 2011). Registrants after the cut-off date and registrants on the day of the ride will receive their T-shirts by mail within 4-6 weeks after the day of the ride.

Amount Enclosed: _____

\$20.00 for special 20 mile route

\$30.00 if postmarked by May 16, 2011

\$40.00 late registration

Make checks payable to: Clarksville Rotary Club

Send to: **Clarksville Rotary Club**
 P.O. Box 572
 Clarksville, TN 37041

Feel free to copy this form or visit us at www.bikethecram.com for more copies or to register on-line!



REMINDER: The event will be held at Rossvie High School!

Visit our website:
www.bikethecram.com

Nineteenth Annual CRAM 2011

CLARKSVILLE ROTARY CLUB

Clarksville Rotary Annual Metric Bicycle Tour

100, 62, 35, 20 miles
followed by a spaghetti dinner
7:30 a.m. May 28, 2011
Clarksville, Tennessee